

In today's busy world it is often difficult to take a day out to travel to talks or presentations, so the talks are now coming to you! Pondero talks cover a wide range of topics – including the latest developments in Roman Archaeology, UK Energy Policy, Twitter, EU/Brexit, Nutrition – and provide a chance to meet new people during the day in an informal setting.

Pondero, Pilates for the Mind, talks are fun to run and we are looking for new franchisees. Please contact us to start up a Pondero series in your area: ronnie@careerbreakpeople.co.uk