

Career *Break*
People

Life *Forward*
Coaching

Your *Return* to Work

What differentiates our workshops?

Your *Return* to Work workshops focus on you. We use a coaching framework to help you gain clarity about your current situation and identify steps to move towards your goals.

"Whilst it would be easy to fall back into similar types of work, the workshop highlighted to me that this is a fantastic opportunity to do something different and perhaps more rewarding." – Kate, Winchester

"I really benefited from the session and I have already passed on details to two friends who are in a similar position!" Sarah, Winchester

"Many thanks for a thoroughly productive, positive and insightful session yesterday. I found it very rewarding." Georgie, Winchester

